

U5/U6 Rules of Play

The Ball: Size three (3).

The Number of Players: A match is played by two teams, each consisting of not more than four players on the field at a time. There are NO goalkeepers.

Substitutions: At any stoppage and unlimited.

Playing time: Each player SHALL play a minimum of 50% of the total playing time.

The Players Equipment: Non-uniform clothing is allowed based on weather conditions, but uniforms must still distinguish teams.

Shin-guards will be required at all times. And cleats are recommended. Uniform socks must cover the shin-guards.

The Referee: An OFFICIAL, is the final authority of the game.

All infringements shall be briefly explained to the offending player. Score is never kept in the U5/U6 age group.

The Duration of the Match: The match shall be divided into four (4) equal, eight (8) minute quarters. There shall be two (2) minute break between quarters one and two and another two (2) minute break between quarters three and four. There shall be a half-time interval of five (5) minutes.

The Start and Restart of Play: Conform to FIFA, with the exception of the opponents of the team taking the kick-off are at least four (4) yards from the ball until it is in play.

The Ball shall be brought back into play from "out of bounds" violation by a kick in for the non-offending team. A ball kicked into the goal without touching another player becomes a goal kick for the opposing team.

Fouls and Misconduct: Conform to FIFA with the exception that all fouls shall result in a direct free kick. The referee/coach/parent must explain ALL infringements to the offending player. No cards shown for misconduct. But players or coaches may be asked to leave the field.

Free Kicks: All free kicks can be directly scored from. And opponents are at least four (4) yards from the ball until it is in play.

The Goal Kick: The goal kick should be taken within 2-3 yards of the goal line anywhere across the width of the field of play at the nearest point from where the ball was retrieved. Opposing players must be four (4) yards away from the ball until it's in play.

The Corner Kick: Opponents must remain at least four (4) yards from the ball until it is in play.

U7 Rules of Play

The Ball: Size three (3).

The Number of Players: A match is played by two teams, each consisting of not more than four players on the field at a time. There are NO goalkeepers.

Substitutions: At any stoppage and unlimited.

Playing time: Each player SHALL play a minimum of 50% of the total playing time.

The Players Equipment: Non-uniform clothing is allowed based on weather conditions, but uniforms must still distinguish teams.

Shin-guards will be required at all times. And cleats are recommended. Uniform socks must cover the shin-guards.

The Referee: An OFFICIAL, is the final authority of the game.

All infringements shall be briefly explained to the offending player. Score is not kept in the U7/U8 age group unless tournament play is specifically addressed.

The Duration of the Match: The match shall be divided into four (4) equal, ten (10) minute quarters. There shall be two (2) minute break between quarters one and two and another two (2) minute break between quarters three and four. There shall be a half-time interval of five (5) minutes.

The Start and Restart of Play: Conform to FIFA, with the exception of the opponents of the team taking the kick-off are at least four (4) yards from the ball until it is in play. **Direct goals are not allowed upon taking the kick-off.** (new rule 8-22-09)

The Ball shall be brought back into play from "out of bounds" violation by a throw-in for the non-offending team. A ball thrown directly into the goal without touching another player becomes a goal kick for the opposing team.

Fouls and Misconduct: Conform to FIFA with the exception that all fouls shall result in a direct free kick. The referee/coach/parent must explain ALL infringements to the offending player. No cards shown for misconduct. But players or coaches may be asked to leave the field.

Free Kicks: All free kicks can be directly scored from. And opponents are at least four (4) yards from the ball until it is in play.

The Goal Kick: The goal kick should be taken within 2-3 yards of the goal line anywhere across the width of the field of play at the nearest point from where the ball was retrieved. Opposing players must be four (4) yards away from the ball until it's in play.

The Corner Kick: Opponents must remain at least four (4) yards from the ball until it is in play.

U8 Rules of Play

The Ball: Size three (3).

The Number of Players: A match is played by two teams, each consisting of not more than six players on the field at a time, one of which must be a Goal Keeper.

Substitutions: At any stoppage and unlimited.

Playing time: Each player SHALL play a minimum of 50% of the total playing time.

The Players Equipment: Non-uniform clothing is allowed based on weather conditions, but uniforms must still distinguish teams. Goalkeepers must have contrasting colors.

Shin-guards will be required at all times. And cleats are recommended. Uniform socks must cover the shin-guards.

The Referee: An OFFICIAL, is the final authority of the game.

All infringements shall be briefly explained to the offending player. Score is not kept in the U7/U8 age group unless tournament play is specifically addressed.

The Duration of the Match: The match shall be divided into four (4) equal, ten (10) minute quarters. There shall be two (2) minute break between quarters one and two and another two (2) minute break between quarters three and four. There shall be a half-time interval of five (5) minutes.

The Start and Restart of Play: Conform to FIFA, with the exception of the opponents of the team taking the kick-off are at least four (4) yards from the ball until it is in play.

The Ball shall be brought back into play from "out of bounds" violation by a throw-in for the non-offending team. A ball thrown directly into the goal without touching another player becomes a goal kick for the opposing team.

Fouls and Misconduct: Conform to FIFA with the exception that all fouls shall result in a direct free kick. The referee/coach/parent must explain ALL infringements to the offending player. No cards shown for misconduct. But players or coaches may be asked to leave the field.

Only a Goalkeeper may handle a ball with his hands and only when he is within his own penalty area. Ball may not be "intentionally" passed back to the keeper by a team mate.

Free Kicks: All free kicks can be directly scored from. And opponents are at least four (4) yards from the ball until it is in play.

The Goal Kick: The goal kick should be taken within 2-3 yards of the goal line anywhere across the width of the field of play at the nearest point from where the ball was retrieved. Ball is not considered "in play" until it comes out of the Penalty box.

The Corner Kick: Opponents must remain at least four (4) yards from the ball until it is in play.

U10 Rules of Play

The Ball: Size four (4).

The Number of Players: A match is played by two teams, each consisting of not more than eight players on the field at a time, one of which is a goalkeeper.

Substitutions: At any stoppage and unlimited.

Playing time: Each player SHALL play a minimum of 50% of the total playing time.

The Players Equipment: Non-uniform clothing is allowed based on weather conditions, but uniforms must still distinguish teams. Goalkeepers must have contrasting colors.

Shin-guards will be required at all times. And cleats are recommended. Uniform socks must cover the shin-guards.

The Referee: An OFFICIAL, is the final authority of the game. All infringements shall be briefly explained to the offending player. Score is not kept in the U10 age group unless tournament play is specifically addressed or seeding for seasonal tournaments will occur.

The Duration of the Match: The match shall be divided into two (2) equal, twenty-five (25) minute halves. There shall be a half-time interval of approximately five (5) minutes.

The Start and Restart of Play: Conform to FIFA, with the exception of the opponents of the team taking the kick-off are at least eight (8) yards from the ball until it is in play.

The Ball shall be brought back into play from "out of bounds" violation by a throw-in for the non-offending team. A ball thrown directly into the goal without touching another player becomes a goal kick for the opposing team.

Fouls and Misconduct: Conform to FIFA with the exception that all fouls shall result in a direct free kick. The referee/coach/parent must explain ALL infringements to the offending player. Cards may be shown for misconduct, and players or coaches may be asked to leave the field.

Only a Goalkeeper may handle a ball with his hands and only when he is within his own penalty area. Ball may not be "intentionally" passed back to the keeper by a team mate.

Free Kicks: All free kicks will be judged as direct or indirect by the referee, and opponents must be at least eight (8) yards from the ball until it is in play.

The Goal Kick: The goal kick should be taken from the goal box line anywhere across the width of the field of play at the nearest point from where the ball was retrieved. Opposing players must be eight (8) yards away from the ball until it's in play. Ball is not considered "in play" until it comes out of the Penalty box.

The Corner Kick: Opponents must remain at least eight (8) yards from the ball until it is in play.

Offsides will be enforced in conformance with FIFA rules and regulations.